

Crestwood's New Staff 2020-2021

Mina Dahesh

My name is Ms. Dahesh or Mademoiselle Dahesh. Before coming to Crestwood, I studied at OISE and taught foreign languages in Asia and South America. Now, at Crestwood, I teach Grade 7, 9 and 10 French and have made it my mission to help students develop an appreciation for learning French. It is my strong belief that studying a language does two very important things: opens the mind and stimulates creative thinking. I also hope to incorporate my additional background in graphic design/arts to introduce rich tasks to the French language curriculum.



Anthony Mariano

Hi CPC community! My name is Mr. Mariano and I'm very excited to be teaching gr. 7-12 music this year. I am an alumnus of the CIS system and have been playing the saxophone for over 15 years. I have a Bachelor of Music degree from McGill University in 2016, as well as my Bachelor of Education from York in 2018. Although music classes are going to be run differently this year, I still plan on bringing some funk and fun into classes, and expect some virtual recordings down the line for your listening pleasure. Outside of class time, I can be found making noise with my sax, exercising or reliving the greatest decade of all time: the 1990s. Can't wait for a great year!



Jenna Kelly

I graduated from Wilfrid Laurier University with an Honours Bachelor and Master's of Science in Kinesiology. After finishing my degrees in Ontario, I worked as a registered Kinesiologist in Ontario and Alberta for 5 years in various capacities. I missed school so much, I decided I needed to be a teacher, hence why I find myself here! When I'm not at school you can find me out on a canoe trip (never mind you won't find me, I'm in the middle of nowhere), furthering my own Outdoor Ed knowledge, completing jigsaw puzzles, playing baseball/hockey or watching Friends for the 100th time. This year, I will be teaching Grades 7-9 Female Physical Education (7PEF, 8PEF, PPL10F), Grade 10 Physical Education (PPL20) and Grade 8 Science (8Sci).



Shannon Raud-Wasmund

Hello there! Please allow me to introduce myself, I am Shannon Rauh-Wasmund, but most students and their parents refer to me as Ms RW. I have recently returned home to Canada after teaching overseas in Germany and England for the last few years where I had the pleasure of working with wonderful individuals from all walks of life. I am excited to be part of the Crestwood Family and feel very fortunate to work alongside such dedicated and warm-hearted teachers.



Aisling O'Neil

Hi I am Aisling (pronounced Ash-ling) and I am from Dublin, Ireland. Back in Ireland I was a Maths, Biology and Science teacher in a secondary school and I was heavily involved in basketball so I feel I struck gold getting a job at CPC. As a permanent teacher in Ireland you can take a career break of up to 5 years. My boyfriend Mark (also Irish) was living here so I jumped on the opportunity to live somewhere else. In April Mark and I got a "pandemic puppy" called Hooch, he is an American Pocket Bully. Initially the "plan" was to do the two year visa, travel and then move home but now, I am unsure. I love living here, so for now I am going to take each day as it comes and when I feel I need to think about "what's next" I will. I am a very laid back person, so much so my Mam jokes saying "if I was anymore laid back I would be lying down". To me, life is too short to stress, just smile!

Basketball is a massive part of my life and I am so grateful for it. I have made so many memories and friends from playing, along with learning life lessons both on and off the court. Basketball gave me so many different opportunities and trips both in Ireland and abroad. I had the privilege of representing my country when I was a teenager and was offered a D1 scholarship after playing AAU basketball during a summer in New York when I was 17. I turned it down (when I told the Elite girls basketball team this they were shocked!) and I don't have regrets. I am still playing basketball in Toronto but for enjoyment not competitiveness, playing as part of a team in a co-ed recreation league and I love it, I don't think I stop smiling or laughing when we are playing. I have had some amazing coaches, including my Mam and my sister for a season or two, and they have taught me life lessons both on and off the court.



Eric Colwill

Hi everyone! My name is Eric Colwill. It is my first year teaching at Crestwood and I will be providing coverage where/when needed. I am a 2012 graduate of Crestwood Preparatory College. During my undergrad I completed my Bachelor of Science in Kinesiology at McMaster where I was also a part of the varsity volleyball team. This year I will be coaching the U-14 Boys Hockey Team and am looking forward to seeing what other sports I can get involved with. When I am not teaching I love traveling, spending time at the cottage and remaining active.



Robert Rawlins

Hello everyone! My name is Robert Rawlins and I am SO excited to be joining the CPC community this year as a grade 9 Math and Senior Physics teacher! Aside from being part of a vibrant learning community, I have a passion for engaging in the real, physical (see what I did there?) world; I love playing sports like hockey, enjoying physical activity (cycling is one of my favourites), making music playing in bands or singing in choirs, and spending time in, and learning from and about, the natural world with my friends, family, and Victoria, my Fiancée, whom I love, very much! I have had the privilege of studying at Queen's University (B.Ed - Outdoor and Experiential Education) and McMaster University (B.Sc Hons Integrated Science (Minor in Music) and an [M.A.Sc](#) in Water Resources Engineering (a collaborative program between McMaster University and the United Nations focused on the intersection of global water policy and development issues). I have a passion for giving back and asking the bigger questions of life: "what is life really about?" and, "what does it mean to live a good life?". I cherish opportunities to coach youth hockey, volunteer tutor students facing up-hill climbs, and smile at every passer-byer that will lend me a second of their day! If I had a goal for this year, it would be that my thoughts, words, and actions would make every student and colleague I have the privilege of getting to know and interact with, a bit more in awe of, confident in, and inspired by the fact that, independent of what anyone or anything suggests (what others think of them, what they achieve or don't achieve, the job they attain or don't attain, or even their failures, which we all most definitely have), they are Loved beyond measure and invited to live out that Love!



Mike Fraser

Mike studied physical education while attending University in the United States on a basketball scholarship. He's continued that education in the fitness, sport and Strength & Conditioning realm through various programs and experiences over the years. Recently retired from a 13-year professional basketball career - playing in countries such as Austria, Ukraine, Italy, Lebanon, Poland, Qatar, France and more! Mike's true passion is working with aspiring and eager athletes and is looking forward to working on building our youth's athleticism, work ethic and confidence as a Strength & Conditioning coach for Crestwood's young and talented athletes!!



Nicole Sapir

Hello! My name is Ms. Sapir and this year I am teaching grade 7 and 8 history. Though I'm teaching history, I also have a passion for English and creative writing. I'm a huge book nerd. During my Masters in Teaching, I explored mental health in adolescent classrooms, which has made me a huge mental health advocate. I've recently discovered my love of winter sports - particularly hockey and snowboarding - so I've been spending as much time as possible on the ice or on the hills. I am also a Crestwood graduate, so I am extra excited that I get to be part of the Crestwood community once again!

